



March 2024

## High School Lunch Menu

Lunch Price \$2.65 Reduced \$.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Pre-Payments available at <a href="http://www.payschoolscentral.com">www.payschoolscentral.com</a> 877-393-6628</p> <p><b>Meatless Mondays!</b></p>				<p><b>1</b> Buffalo Chicken Pizza</p> <p>Chick Pea Salad</p> <p>*Oven Baked fish Available</p>	<p><b>More Info...</b> <u>Offered Daily:</u> Cheese Pizza Freshly made Deli Sandwiches, PB &amp;J Chicken Patties Veggie Burgers Side Salads Fruit Variety Snack Bar</p> <p><u>Vegetable Variety Daily</u></p> <p><u>Assorted Milk</u> Skim 1% White Skim Chocolate</p> <p>Grilled Chicken Salad, &amp; Vegetarian Salad Available Daily</p> <p>Price of item with lunch \$2.00</p> <p>Adult Lunch \$3.50</p> <p>Our menu has been planned to meet new federal regulations including, but not limited to, age groups and portion sizes *Fish available on Fridays during Lent</p>
<p><b>4</b> <b>Brunch!</b> Cheese Omelet and French Toast Sticks Syrup Home Fries with Peppers &amp; Onions</p>	<p><b>5</b> Hot Dog on a WG Bun Cheese Sauce Toppings Veggie Beans</p>	<p><b>6</b> Popcorn chicken WG Garlic Knot Broccoli Florets</p>	<p><b>7</b> Philly Cheese Steak on a WG Roll Peppers, Onions, &amp; Mushrooms</p>	<p><b>8</b> Oven Roasted BBQ Chicken WG Garlic Toast Sweet Potato Waffle Fries *Oven Baked Fish Available</p>	
<p><b>11</b> Street Corn Nachos with Fire Roasted Corn and Black Beans Guacamole &amp; Cilantro Cheese Sauce Cotija Cheese</p>	<p><b>12</b> Spicy Chicken Patty on WG Bun  Diced Carrots</p>	<p><b>13</b> Warm Nacho Chips with Beef and/or Cheese Sauce Lettuce &amp; Tomato Fiesta Black Beans Salsa/Toppings</p>	<p><b>14</b> Mandarin Orange Chicken Brown Rice/Veggies Broccoli Florets</p>	<p><b>15</b> Chicken Fajita Wrap on Soft Shell with Peppers, Onions, Mushrooms *Oven Baked Fish Available</p>	
<p><b>18</b> Minimum Session Day  No Lunch Served</p>	<p><b>19</b> Chicken Tenders WG Garlic Knot Broccoli and Cauliflower with Cheese Sauce</p>	<p><b>20</b> Cheeseburger Glazed Meatloaf WG Garlic Toast Mashed Potatoes Sweet Peas</p>	<p><b>21</b> Minimum Session Day  No Lunch Served</p>	<p><b>22</b> Minimum Session Day  No Lunch Served</p>	
<p><b>25</b> Grilled Cheese Sandwich Tomato Soup with Crackers</p>	<p><b>26</b> Mashed Potato Bowl with Corn, Popcorn Chicken, Shredded Cheese and WG Biscuit</p>	<p><b>27</b> Tacos with Meat and/or Cheese Sauce Hard or Soft Shell Lettuce &amp; Tomato Fiesta Black Beans Salsa/Toppings 1</p>	<p><b>28</b> Oven Baked Breaded Chicken Drumstick WG Garlic Knot Broccoli Florets</p>	<p><b>29</b> Spring Recess  No School</p>	

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### **Special News... Applications Now Available Online!**

Food and Nutrition Office (732) 873-2400 Ext.505 Now taking applications for substitute cafeteria workers  
The meal status of free, paid, reduced and NJEIE are in effect this year. Snacks available for purchase if zero balance owed.

This organization is an equal opportunity employer

Menus are subject to change without notice.